

THE BURLINGTON POST



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The Burlington Announced as Double Finalist at 2025 Surrey Care Awards

The Burlington has been shortlisted in two major categories at the 2025 Surrey Care Awards: Care Home of the Year, and Champion of People and Progress.

This remarkable double nomination reflects The Burlington's consistent dedication to excellence in both resident care and team culture. It also marks the fourth consecutive year the home has been shortlisted for Care Home of the Year, an honour it proudly won in 2022.

In the Care Home of the Year category, judges acknowledged The Burlington's people-first ethos and innovative thinking. A reimagined nostalgia bistro, bespoke digital portal, and award-winning activities programme are just a few examples of how the home tailors care to each individual. Survey results reflect this success, with 100% of residents saying they feel treated with dignity and respect.

The Burlington's second nomination, for Champion of People and Progress, highlights its forward-thinking culture and strong investment in its team. Over the past year, the home has achieved a 98% retention rate and embedded values-led initiatives like Mental Health First Aiders, WOW Moment recognition cards, and career development pathways.

Founder and Managing Director of Boutique Care Homes, Ameet Kotecha, added: "The Burlington exemplifies what it means to deliver care so good, it's unexpected. Their ability to provide consistently high quality care while fostering an empowered, happy team is exactly what sets us apart. I'm incredibly proud of Margie and the entire team for this well-earned recognition."

The Burlington offers residential, dementia, and short-stay care in an elegant, welcoming setting, place where people feel genuinely seen, supported, and at home.

The Burlington Partners with Tulip Treasures Florist in Shepperton

At The Burlington, we believe it's the little touches that make life brighter – that's why we're delighted to announce our new partnership with Tulip Treasures Florist, an independent, family-run business based in Shepperton, founded by the wonderful Rhiannon.

As part of this partnership, residents at The Burlington have taken on a special role of designing The Burlington Bouquet. The arrangements were lovingly crafted during our floral arranging activity sessions, where residents came together to select flowers, arrange stems, and express themselves through nature's most beautiful medium.

Thanks to our special partnership with Tulip Treasures Florist, for special occasions and on move-in day residents will receive The Burlington Bouquet, a beautiful hand-crafted flower arrangement to mark the beginning of their journey with us. It's our way of saying "Welcome Home!"

Rhiannon started Tulip Treasures Florist in 2023, taking a leap of faith after discovering her passion for flowers. With a natural flair for design and an eye for detail, she soon began creating floral arrangements

that feel less like bouquets and more like works of art. Her mission is simple: to make people happy. Rhiannon pours her heart into everything she creates.

What makes this partnership even more special is that both The Burlington and Tulip Treasures Florist share the same values of care, kindness, and community. Together, we look forward to celebrating life's little moments, with the timeless beauty of flowers.



Shepperton Stroke Support Club at The Burlington

We're delighted to share The Burlington has launched the Shepperton Stroke Support Club from July 2025, in partnership with The Stroke Association. This new monthly initiative is designed to provide ongoing support for stroke survivors, their families, and carers within our local community.

Hosted in our welcoming Hampton Lounge, the club offers a relaxed and friendly space where people can come together, share their experiences of stroke, and connect with others on similar recovery journeys. Each session is focused on comfort, conversation, and community.

We're especially looking forward to Tuesday 14th October, when Kieran from The Stroke Association will be joining us. He will lead a discussion around personal experiences of stroke, the long-term effects, and the guidance available to help individuals and families manage their needs.

We're proud to be part of such an important community initiative, offering connection, care, and

continued support. Refreshments are served, and the home's friendly team is always on hand to offer a warm welcome.

This initiative reflects The Burlington's ongoing commitment to supporting wellbeing beyond the home, creating meaningful connections within the community.



Life Story

The Incredible Story of our Resident: Peter Dorling

Peter Dorling was born on 9th June 1934 in West London. From a young age, Peter's particular love for broadcasting shone through. He became an avid listener to every genre of radio programme, sparking a lifelong passion for the world of communication.

Peter was the eldest child, with his younger sister Judy completing the family. Their mother, Edith, was a teacher, and their father, Arthur, was a businessman. Growing up during wartime meant Peter's childhood was often unsettled. Despite this, he fondly recalls learning to read at the age of four with his mother in the family's sitting room. By his early teens, Peter had already attended nine different schools before settling at a boarding school in 1943. He remembers with a smile that the boarders always seemed to enjoy themselves more than the day students, who had to head home for tea.

English quickly became Peter's favourite subject, and he loved stepping onto the stage in Shakespearean plays such as Romeo and Juliet and The Tempest. Alongside his love of words, music played a huge role in Peter's life. He taught himself to play the piano by ear, something he still finds useful to his day. He also bravely took up the school organ chapel services when no one else could!

A defining chapter of Peter's life was his 40-year career at the BBC. By the age of 20, his fascination with broadcasting was so strong that he attended every event he could find and even visited the BBC daily to ask about work. In 1956, when he secured a role as a junior technician. From there, his career flourished – moving into television broadcasting, and eventually becoming an anchor man. Peter cherished every moment, working alongside some of the great wartime broadcasters and helping to shape an era of trusted journalism.

Life away from the studio brought even more joy when Peter met his beloved wife, Isobel – a bright and kind mathematics teacher. Their love story began on a skiing holiday, and after a few chance encounters, romance blossomed.

Together, they enjoyed ten wonderful ski trips before marrying on 1st April 1967 to a Hampshire village, where Isobel's father was the schoolmaster. They went on to raise two daughters, Tamsin and Karen, and share their Gerrards Cross home with the family dog, Pippa. Reflecting on their marriage, Peter says simply, "Isobel is, and will always be, the love of my life."

Retirement brought fresh adventures. Peter and Isobel enjoyed 50 world cruises as guests of Cunard. Peter gave lectures to audiences of up to 500, sharing his knowledge of the BBC's history and his experiences inside the world of broadcasting. Meanwhile Isobel became the ship's escort, helping passengers during shore excursions and ensuring they were well cared for. Earlier in his career, Peter also spent ten fascinating years in Singapore, presenting news on both radio and television during the country's transition from colonial rule – always striving to uphold the BBC's founding principle of truth-telling, inspired by Lord Reith.

Looking back, Peter considers himself fortunate to have lived such a rewarding and happy life. At The Burlington, his love for music continues to shine as he fills the piano bar with melodies, much to the delight of fellow residents and team members. And of course, his mornings wouldn't be complete without tuning into Radio 4.



Baking Club Recipe: *Strawberry Cheesecakes*



45 mins

INGREDIENTS

- 200g of biscuits
- 75g of butter
- 200g of cream
- 400g cream cheese
- 200g icing sugar
- Cheesecake mixture
- Strawberries

METHOD

1. Crush up 200g of biscuits until they are fine crumbs.
2. Melt 75g of butter and mix into the biscuits.
3. Whisk 200g cream together until firm.
4. Mix 400g cream cheese and 200g icing sugar together.
5. Add the cream cheese mix to the whipped cream.
6. Line the baking tray with cupcake cases
7. Add the crushed biscuits to the cupcake cases.
8. Add the cheesecake mixture on top and smooth out.
9. Chop up the strawberries in half add to decorate.
10. Place in the fridge to set.



Celebrating Long Service at The Burlington

Congratulations to our team members who have recently achieved long service milestones. Thank you for your ongoing dedication and commitment. The following members of the team have been awarded their 3 and 5 Years Service Award at The Burlington:

3 Years

- ★ Callum Seagrave
- ★ Arjun Poudel
- ★ Raj Banjara
- ★ Atikul Islam
- ★ Pooja Jacob
- ★ Reimia Rose
- ★ Robin Joy

5 Years

- ★ Marie Benham
- ★ Hannah Duetrom

LET'S
CELEBRATE

The Burlington Welcomes Birds of Prey

We were delighted to welcome Birds of Prey to our home, bringing with them truly a truly fascinating show and a talk about these incredible feathered friends. Residents were captivated as they learned all about the unique traits and habits these magnificent birds - from their sharp instincts to their graceful flight. The highlight of the afternoon was the chance to get up close and even hold some of the birds. There were plenty of smiles, a few gasps of awe, and lots of wonderful conversations sparked by the experience.



Team Member Highlight:

Grace Palmer!

This month, we're celebrating Grace, a valued member of our Activities Team here at The Burlington. Grace brings such creativity and care to her role, always full of new ideas and thoughtful suggestions to make our activities extra special for our residents. From planning engaging events to spending one-to-one time, she has a wonderful way of making everyone feel included and truly listened to.

Not only is Grace a star when it comes to activities, but she also turns her talents to hairdressing on Tuesdays and Thursdays, giving residents that little boost of confidence and pampering that means so much!

And if that wasn't enough, Grace is also our resident baker extraordinaire! From birthday cakes to cupcakes, she makes sure both residents and staff have something sweet to enjoy when celebrating.



The care is second to none and the facilities are excellent. We looked at several homes but Dad knew The Burlington was the one straight away and we've never regretted his choice.

Daughter of Resident



Recognition Awards for our Outstanding Team!

Thank you to all of our team members for your ongoing dedication in ensuring the wellbeing of our residents. The winners at The Burlington are:

- ★ **Outstanding Care & Compassion**
Bola Muibi (Days)
Lilian Nwosu (Nights)
- ★ **Outstanding Customer Service**
Louise Mcelhatton
- ★ **Outstanding Contribution**
Olha Starodub
- ★ **Outstanding Leadership**
Angela Doyle
- ★ **Values Ambassador**
Lisa Mills

Boutique In Bloom 2025 Winner



Our Boutique In Bloom competition showcased incredible creativity, teamwork, and a shared love for gardening, bringing residents, families, and team members together. We all rolled up our sleeves to transform outdoor spaces into vibrant havens of creativity and connection!

Overall Winner: Chartwell House, Broadstairs

Their gardening, supported by the whole home, created a sustainable, colourful garden complete with seed-to-table produce, inventive features, and heart-warming teamwork. A huge congratulations to everyone involved for showing how care, creativity and community can truly bloom together!

A huge thank you to everyone who took part—the creativity and teamwork was truly inspiring. For the full highlights, visit boutiquecarehomes.co.uk.

Upcoming Events At The Burlington

October

- **Friday 17th**
Wear It Pink
- **Friday 31st**
Halloween Party

November

- **Friday 14th**
Cheers to the King
- **Friday 28th**
Christmas Spectacular Pantomime

December

- **Monday 1st**
Christmas Lights Switch On
- **Tuesday 23rd**
Diana Christmas Carols

For all upcoming events and timings or upcoming Relatives and Residents Meetings, please contact The Burlington.

Coffee Connections

Third Wednesday of the Month (10am - 12pm)
Delicious cakes, hot beverages and a chance to make new friends



Thanet Stroke Support Group
2nd Tuesday of Each Month (11am - 12 noon)
Support group for members of the community affected by stroke.

Dementia Friends Cinema Club
First Friday of the Month (2:30pm - 4:30pm)
Reminisce and unwind, watching timeless classics, evoking fond memories.



THE BURLINGTON

BY BOUTIQUE CARE HOMES

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